

# ***CURRICULUM VITA***

## **RICHARD C. PAGE**

### **1. PERSONAL DATA:**

**Name:** Richard C. Page

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### **2. ACADEMIC HISTORY:**

**Present rank:** Professor Emeritus.

#### **Academic degrees:**

Denison University, 1966, B.A.  
University of North Carolina, 1968, M.A.T.  
University of Florida, 1971, M.R.C.  
University of Florida, 1976, Ph.D.

#### **Certifications:**

National Certified Counselor  
Master Addiction Counselor

#### **Licensures:**

Licensed Professional Counselor, Georgia.

#### **Professional Associations:**

American Counseling Association.  
National Board of Certified Counselors.  
Fulbright Association.

#### **Academic positions:**

University of Georgia, Professor Emeritus, 2001-present  
University of Georgia, Professor, 1991-2001 (June 1)  
University of Georgia, Associate Professor, 1981-1990  
University of Georgia, Assistant Professor, 1976-1980  
ISMAI University, Visiting Professor, 2004-present

### **Other professional employment:**

Classroom Teacher, Cochrane Junior High, School, Charlotte, North Carolina, 9/67 – 9/69

Rehabilitation Counselor, Rehabilitation Center (GRC), Warm Springs, Georgia, 4/71 9/73

Academic Consultant, Women's Unit, Florida Correctional Institution, Lowell, Florida, 9/73 - 11/73

Supervisor of Drug Counselors, Jones Cottage Drug House, Forest Hills, Unit, Florida Correctional Institution, Lowell, Florida, 11/73 - 9/74

Drug Abuse Counselor, Women's Unit and Men's Unit

Counseling Psychologist, Andromeda House (a residential drug treatment center), Atlanta, Georgia, 10/77 - 3/80

### **Post-graduate awards:**

Two Fulbright Scholarships, University College Cork, Department of Applied Psychology, Cork, Ireland, 1988-1989 and 1994-1995. Selected from available Fulbright scholars to teach a one week course at the University of Jyvaskyla in Finland as a part of the second Fulbright scholarship to Ireland, 1995. Selected as candidate on the Fulbright Senior Specialists Roster, 2002-2007.

### **Other Positions:**

Chair, National Board of Certified Counselors (NBCC), 1999-2000.

Faculty member, ERASMUS/SOCRATES Program in Psychology through the European Unity, 1999-present.

Member, Unidade de Investigacao em Psicologia, Instituto Superior de Psicologia Aplicado, Lisbon, Portugal, 2007-present.

Visiting Professor, Ismai-Instituto Superior Da Maia, Porto, Portugal, 2006-present.

Faculty Member, European School of Integrative Psychotherapy, 2006-present.

## **3. RESIDENT INSTRUCTION:**

### **Titles of courses taught:**

Interpersonal Communication, Seminar in Counseling, Counseling the Public Offender, Applied Research Project, Theories of Counseling, Principles of Group Counseling, Practicum in Counseling, Counseling Internship, Mental Health and Community Counseling, Counseling the Drug and Alcohol Abuser, Introduction to Research, Advanced Theories of Counseling, Gestalt Therapy, Dissertation Research, Treatment Approaches for Drug and Alcohol Abusers, Cross Cultural Counseling, Existential Psychotherapy, Counseling Psychology Research Seminar, Counseling Psychology Group Practicum, Foundations of Counseling Psychology II.

### **Air Force Institute coordination:**

Coordinated a one month Air Force Institute for Air Force Security Police twice a year for 3 years (1976-1979) on the topic of Offender Rehabilitation from bases all over world.

### **Curriculum development:**

Developed the following courses which became regular University of Georgia courses: Counseling the Public Offender, Counseling the Drug and Alcohol Abuser-a, Counseling the Drug and Alcohol Abuser-b, Mental Health and Community Counseling, Gestalt Therapy, Introduction to Group Counseling and Existential Psychotherapy.

### **Titles of Masters thesis chaired:**

- Holland, William Wyatt (1981). Attitudes of Mental Health Counselors Towards Job Related Variables.  
Turner, Richard A. (1984). Demographic Variables of Employees in Employee Assistance Programs and Their Relationship to Job Performance Ratings.  
Davis, Kevin L. (1986). Analysis of the Process of a Twelve Hour Marathon Group Facilitated with Illicit Drug Users.  
Berkow, Daniel N. (1989). Western and Eastern Psychology: Views of the Person and Health.  
Crowe, Julie A. (1990). The effects of group process of marathon groups on the personality characteristics of illicit drug addicts.  
Gillespie, Charles F. (1994). The relationship between offender extroversion and victim age and social relationship in a sample of pedophiles.

### **Titles of dissertations chaired:**

- Shore, William Benn (1986). Differences in adjustment of Vietnamese, Indian and Latin American international students at a Mid-Atlantic community college.  
Cheng, Hsiao-Ping (1988). The initial adjustment of Chinese and Korean graduate students to a large university in the United States.  
Bridges, Ned (1988). The psychological effects of divorce on children: A post hoc study.  
Huffman, Judy (1989). Cross cultural reentry and the family life cycle stages.  
Jones, James D. (1990). The relationship between perfectionism and vocational indecision.  
Thrasher, Lee (1992). Defense mechanisms in substance users.  
Chandler, Joyce H. (1992). Effects of small group participation on ninth grade students.  
Glauser, Anne (1992). Glimpses of heaven: A phenomenological study of perceptions of cocaine use and personal empowerment.  
Looby, Eugenie Joan (1994). Differences in perceptions of self and feelings across three cultures (Thailand, the United States and the United States Virgin Islands): Implications for counseling.  
Edwards, John (1995). Effects of male consciousness raising groups and outside readings on offenders.  
Thompson, Susan (1996). Factors influencing retention and success in substance abuse treatment and aftercare programs.  
Gordon, Robin (1997). Worldview, self concept and cultural identity patterns of deaf adolescents.  
Robinson, G. (1998). The assessment of a drug education program in a university setting.  
Weiss, J. F. (1999). A qualitative investigation of counseling students toward addressing spiritual issues in counseling.

### **Two Fulbright Scholarships:**

Taught courses on Psychoanalysis, Group Therapy, Counseling Skills and Counseling the Drug and Alcohol Abuser to Irish students in the Department of Applied Psychology, University College, Cork, Ireland, 1988. Taught courses on Research Design, Unstructured Group Therapy and Counseling Supervision to Irish students in the Department of Applied Psychology, University College Cork, Cork, Ireland, 1994. Taught a course on Unstructured Group Therapy to students in the Psychology Department at the University of Jyväskylä, Jyväskylä, Finland, 1995. Conducted research projects during both of these Fulbright Scholarships. Selected as candidate on the Fulbright Senior Specialists Roster, 2002-2007.

### **GSAMS Video Conferences:**

Conducted two GSAMS interactive television learning sessions between Masters student in the Rehabilitation Counselor Training Program and the Community Counseling Program at the University of Georgia and people with disabilities at the Walton Options for Independent Living Center in Augusta, Georgia. The purpose of these televised learning sessions was to help the University of Georgia students learn about life experiences of people with severe disabilities and for the people with disabilities to learn about the types of services offered by community agencies, 1996 and 1997.

### **Teaching at the University of Southern Maine:**

Taught a course on Adolescents and Drug Abuse at the University of Southern Maine during the summers of 1999, 2000, 2001, 2002 & 2004.

### **Teaching for the World Association for Eclectic Hypnotherapy and Psychotherapy.**

Taught a course in Mazatlan, Mexico on Research and Statistics for students working to get a certificate through the World Association of Eclectic Hypnotherapy and Psychotherapy during 2004, 2005, 2006, 2007 and 2008. Taught a course in Tijuana, Mazatlan and Morelia Mexico on Group Therapy for students working to get a certificate through the World Association of Eclectic Hypnotherapy and Psychotherapy during 2007, 2008 and 2009.

### **Teaching for ISMAI University, Porto, Portugal**

Taught courses on Theories of Counseling and Psychotherapy and Cultural Diversity for the Department of Counseling and Psychological Evaluation during 2008 and 2009 at ISMAI University, Porto, Portugal. Taught a course on Interventions in Counseling and Psychotherapy another time during 2008 and 2009 at ISMAI University, Porto, Portugal.

### **Teaching in El Departamento de Psicologia, Universidad Iberoamericana, Mexico City, Mexico**

Taught a course on Group Therapy during 2012 for 30 credit hours for the students in the psychology department.

## **4. SCHOLARLY ACTIVITIES:**

### **Publications:**

#### **Book:**

Page, R. C. & Berkow, D. N. (1994). Creating Contact, Choosing Relationship: Dynamics of Unstructured Group Therapy. San Francisco, CA: Jossey-Bass Publishers, pp. 1-311. (This book was a Behavioral Science Book Club selection of the month in 1994.

Page, R.C. & Berkow, D.N. (2005). Unstructured Group Therapy: Creating Contact, Choosing Relationship. (2<sup>nd</sup>. Edition). PCCS Books: Ross-on-Wye, England.

#### **Chapters in books:**

Page, R. C. (1984). Drug users treatment. In Raymond Corsini (Ed.), Wiley Encyclopedia of Psychology, (pp. 394-396). New York: John Wiley & Sons.

Page, R. C. (1984). Unstructured group therapy. In Raymond Corsini (Ed.), Wiley Encyclopedia of Psychology, (pp. 451-452). New York: John Wiley & sons.

Page, R.C. (1989). Marathon group therapy with illicit drug users. In Einstein, S. (Ed.), Drug and Alcohol Use: Issues and Factors. (pp. 203-209). New York: Plenum Publishing Company.

Page, R. C. (1996). Forward. In Hawkins, P.J. & Nestoros, J. (Ed.), Psychotherapy: New Perspectives on Theory, Practice and Research. Athens, Greece: Ellinkka Grammata General Press.

Robinson, G. & Page, R. C. (1996). Master Addiction Counselor Certification. In Bloom, J. W. (Ed.), Professional Counselors for the 21st Century. Greensboro, NC: ERIC/Cass Publications.

Page, R. C. (1999). Substance Abusing Young Males. In Horne, A. M. & Kiselica, M. S. (Eds.), Handbook of Counseling Boys and Adolescent Males. (357-353). Beverly Hills, CA: Sage Press.

Berkow, D. & Page, R. C. (2000). Asian psychological approaches and Western therapy. In MacLachlan, M. (Ed.), Cultivating Health: Cultural Perspectives on Promoting Health. (pp. 91-113). London, England: John Wiley and Sons.

Page, R. C., Weiss, & J., Lietaer, G. (2002). Humanistic group psychotherapy. In Caine, J. & Seeman, J. (Eds.), Humanistic Psychotherapies: Handbook of Research and Practice. (pp. 339-360). Washington, D.C.: APA Press.

Page, R. C. (2010). Group therapy with the disabled. In Oliveria, R. (Eds. *Corpus Alienum: Psicologia e trabalho psicoterapeutico na reabilitacao fisica*). Coisas de Ler: Lisboa, Portugal. Pp. 135-148.

### **Monographs:**

Field, T.F., Page, R.C., Settles, R., & Sink, J. (Eds.). (1978). Case recording and documentation in rehabilitation. Athens, Georgia: Rehabilitation Counselor Training Program.

Page, R.C., & Settles, R.B. (Eds.). (1978). Family involvement in the rehabilitation of the severely disabled. Athens, Georgia: Rehabilitation Counselor Training Program.

### **Journal articles:**

Page, R.C. & Myrick, R.D. (1977). Perceptions of imprisoned drug abusers: Implications for counseling. Rehabilitation Counseling Bulletin, 20, 304-308.

Page, R.C., Smith, M., & Beamish, P. (1977). Establishing a drug rehabilitation center. The Personnel and Guidance Journal, 56, 180-184.

Page, R.C. (1978). The social learning process of severely disabled group counseling participants. Psychosocial Rehabilitation Journal, 2, 28-36.

Page, R.C., & Kubiak, L. (1978). Marathon groups: Facilitating the personal growth of imprisoned black female heroin abusers. Small Group Behavior, 9, 409-417.

Page, R.C., & Myrick, R.D. (1978). The public offender counseling inventory: An instrument for assessing counseling outcomes in prisons. Criminal Justice and Behavior, 5, 141-151.

Page, R.C. (1979). Staff and resident involvement in a therapeutic community: For better or worse? The Personnel and Guidance Journal, 57, 361-364.

Page, R.C. (1979). Developmental stages of unstructured counseling groups with prisoners. Small Group Behavior, 10, 271-279.

Smith, S.M., Beamish, P., & Page, R.C. (1979). Problems in operating a drug rehabilitation center in an adult correctional setting and some preventive guidelines or strategies. Journal of Employment Counseling, 16, 53-63.

Page, R.C., & Barry, B. (1979). A comparison of the attitudes of honor and regular dormitory inmates of a large prison. Offender Rehabilitation, 3, 341-349.

Page, R.C., & Sanders, J. (1979). Some characteristics of imprisoned, female drug abusers and implications for rehabilitation. Rehabilitation Counseling Bulletin, 23, 59-63.

Page, R.C. (1979). Major ethical issues in public offender counseling. Counseling and Values, 24, 33-41.

Beamish, P.M., Page, R.C., & Smith, S.M. (1979). The unique role of the drug counselor in a correctional facility. Journal of Employment Counseling, 16, 245-252.

- Page, R.C. (1980). Marathon groups: Counseling the imprisoned drug abuser. The International Journal of the Addictions, 15, 765-770.
- Page, R.C., & Mannion, J. (1980). Marathon group therapy with former drug users. Journal of Employment Counseling, 17, 307-314.
- Page, R.C., & Shearer, R.A. (1980). Some curriculum ideas for training public offender counselors. Counselor Education and Supervision, 19, 293-301.
- Page, R.C., Mannion, J., & Wattenbarger, W. (1980). Marathon group counseling: A study with imprisoned male former drug users. Small Group Behavior, 11, 399-410.
- Page, R.C., King, M., Pass, R., & Glenn, D. (1980). A comparison of the parents of male inmates with and without drug abuse problems. Journal of Offender Counseling, Services and Rehabilitation, 5, 41-54.
- Page, R.C., & Powell, G. (1981). Family counseling with illicit drug users. Journal of Offender Counseling, 1, 48-57.
- Page, R.C., Holland, B., Rand, M.E., Gartin, B.C., & Dowling, D.A. (1981). Assertiveness training groups with the disabled: A pilot study. Journal of Rehabilitation, 47, 52-55.
- Page, R. C. (1981). Client rights and agency demands: The ethical tightrope of the offender counselor. Counseling and Values, 26, 55-62.
- Page, R. C. & Wattenbarger, W. (1981). A comparison of the family members of male inmates with and without drug abuse problems. The International Journal of the Addictions, 16, 1241-1246.
- Page, R. C. & Miehl, H. (1982). Marathon groups: Facilitating the personal growth of male illicit drug users. The International Journal of the Addictions, 17, 393-397.
- Page, R. C. (1982). Marathon group therapy with users of illicit drugs: Dimensions of social learning. The International Journal of the Addictions, 17, 1107-1115.
- Page, R. C., Stevens, R., & Weber, J. (1982). Attitudes of illicit drug users and rehabilitation implications. Journal of Offender Counseling, 3, 8-15.
- Page, R. C., & Wills, J. (1983). Marathon group counseling with illicit drug users: Analysis of content. The Journal of Specialists in Group Work, 8, 67-76.
- Page, R. C. (1983). Social change in a therapeutic community. The International Journal of the Addictions, 18, 769-776.
- Page, R. C. (1983). Marathon group counseling with illicit drug users: A study of the effects of two groups for one month. The Journal for Specialists in Group Work, 8, 114-125.
- Page, R. C. & Bridges, N (1983). The interpersonal relationship styles of illicit drug users participating in marathon group therapy. Small Group Behavior, 14, 253-259.
- Page, R. C. (1983). The cross cultural implications of unstructured group therapy. Counselor, 1, 20-30.
- Page, R. C. (1983). Vocational counseling with illicit drug users. Nation, 5, 217-223.
- Page, R. C. (1984). The effects of 16 hour long marathon groups on the ways that female drug users perceive women. Journal of Offender Counseling Services and Rehabilitation, 8, 13-27.
- Page, R. C. (1985). The unique role of the public offender counselor association. Journal of Counseling and Development, 63, 455-457.
- Page, R.C. (1985). The effects of marathon groups on the ways illicit drug users perceive counseling. The International Journal of the Addictions, 20, 1683-1692.
- Richmond, B.O., Page, R.C., & DeLaSerna, M. (1985). The relationship of anxiety to personality and clinical characteristics of a prison population. Journal of Offender Counseling, 5, 2-9.
- Page, R.C., & Mitchell, S. (1986). A comparative study of the attitudes of college students and drug treatment center residents towards drugs, other drug users and themselves. Journal of Offender Counseling, Services, and Rehabilitation, 10, 83-97.
- Mitchell, S., & Page, R.C. (1986). A measure of persistence as a prediction of retention in two residential drug treatment programs. Journal of Applied Rehabilitation Counseling, 17, 38-41.
- Page, R.C. (1986). Changes in self perceptions of illicit drug abusers related to time in treatment in two residential treatment programs. The International Journal of the Addictions, 20, 1793-1802.
- Page, R.C., Richmond, B.O., & DeLaSerna, M. (1987). Marathon group counseling with illicit drug abusers: Effects on self perceptions. Small Group Behavior, 18, 483-497.
- Mitchell, S., Page, R.C., & Morris, V. (1987). Changes in treatment related concepts of illicit drug abusers related to time in treatment in two residential treatment programs. The International Journal of the Addictions, 22, 885-894.

- Mitchell, S., & Page, R.C. (1987). The Therapeutic Community Involvement Scale: An instrument for assessing the staff perceptions of the therapeutic involvement of illicit drug abusers. The International Journal of the Addictions, 22, 1041-1048.
- Page, R.C., Cheng, H.P., Pate, T.C., Mathus, B., Pryor, D., & Ko, J.C. (1987). The perceptions of spinal cord injured persons toward sex. Sexuality and Disability, 8, 112-131.
- Page, R.C. & Mitchell, S. (1988). The Effects of two therapeutic communities on illicit drug users between six months and one year after treatment. The International Journal of the Addictions, 23, 591-601.
- Page, R.C., Davis, K.C., Berkow, D.N., & O'Leary, E. (1989). Analysis of group process in marathon group therapy with users of illicit drugs. Small Group Behavior, 20, 220-227.
- Cheng, H.P., & Page, R.C. (1989). The relationships among sex, academic performance, anxiety, and self-esteem of junior high school students in Taiwan. Journal of Multicultural Counseling and Development, 17, 123-133.
- Page, R.C. & Chang, R. (1989). A comparison of Gestalt Therapy and Zen Buddhist concepts of awareness. Psychologia: An International Journal of Psychology in the Orient, 32, 33-39.
- O'Leary, E. & Page, R. C. (1990). An evaluation of a person-centered gestalt group using the semantic differential. Counseling Psychology Quarterly, 3, 13-20.
- Chandler, J. & Page, R.C. (1991). Adolescent drug use in a southern, middle class metropolitan high school. The School Counselor, 38, 229-235.
- Page, R.C. & Berkow, D. (1991). Concepts of the self: Western and Eastern perspectives. Journal of Multicultural Counseling and Development, 19, 83-93.
- O'Leary, E., Page, R.C., & Jenkins, J. (1991). The awareness of mania as reported by bipolar persons. Psychology: A Journal of Human Behavior, 28, 42-47.
- Chang, R. & Page, R. C. (1991). The Characteristics of the self-actualized person: Visions from the East and West. Counseling and Values, 36, 2-10.
- Page, R. C. & O'Leary, E. (1992). A pilot study on the effects of a training group on Irish counseling students. Journal of Multicultural Counseling and Development, 20, 23-34.
- Kemp, G. C., Glaser, B. A., Page, R. C., & Horne, A. M. (1992). Influence of family support on males in a minimum security detention center. Journal of Addictions and Offender Counseling, 12, 34-46.
- Page, R. C. & Cheng, H. P. (1992). A preliminary investigation of Chinese and American perceptions of self. Psychologia: An International Journal of Psychology in the Orient.
- Page, R. C. & Cheng, H. P. (1992). A comparison of American and Chinese counseling students' perceptions of counseling. The Person Centered Journal, 1, 63-76.
- Campbell, L. & Page R. C. (1993). The therapeutic effects of group process on the behavioral patterns of a drug addicted group. Journal of Addictions and Offender Counseling, 13, 34-46.
- Berkow, D., Richmond, B., & Page, R. C. (1994). A cross cultural comparison of worldviews: American and Fijian counseling students. Counseling and Values, 38, 121-135.
- Page, R. C. & Chandler, J. (1994). Effects of group counseling on ninth grade at-risk students. Journal of Mental Health Counseling, 16, 340-351.
- Page, R. C., Campbell, L., & Wilder, D. C. (1994). Role of the leader in therapy groups conducted with illicit drug abusers: How directive does the leader have to be? Journal of Addictions and Offender Counseling, 14, 57-66.
- Page, R. C., Taffel, S., Ruammake, K.C., & Reed, J. (1994). A comparison of Thai and American counseling students' perceptions of counseling. The International Journal for the Advancement of Counselling, 17, 213-223.
- Page, R. C., Reed, J. L., & Ruammake, K. C. (1995). A comparison of American and Thai counseling students' perceptions of the past and the future. Psychologia, 38, 1-8.
- Le, C., Ingvarson, E. P. & Page, R. C. (1995). Alcoholics Anonymous and the counseling profession: Philosophies in conflict. Journal of Counseling and Development, 73, 603-610.
- Cheng, H. P. & Page, R. C. (1995). A comparison of Chinese (in Taiwan) and American perspectives of love, guilt and anger. Journal of Mental Health Counseling, 17, 210-220.
- Cheng, H. P., O'Leary, E., & Page, R. C. (1995). A cross cultural comparison of the world views of Americans, Chinese (from Taiwan) and Irish graduate counseling students. Counseling and Values, 49, 45-54.
- Page, R. C., Bailey, J. B., Barker, S., & Clawson, T. (1995). The development of a knowledge based exam for Masters level addictions counselors. Journal of Addictions and Offender Counseling, 16, 2-13.

- Page, R. C. & Bailey, J. (1995). Addictions counseling certification: A comparison of approaches. Journal of Counseling and Development, 74, 167-172
- Looby, J., Gerard, P., & Page, R. C. (1997). Perceptions of self among university students in two cultures: The United States and the United States Virgin Islands. Journal of Mental Health Counseling, 19, 171-181.
- Looby, J. E. & Page, R. C. (1997). Perceptions of feelings among students from the United States and Thailand. Psychologia 1-5.
- Page, R. C. & O'Leary, E. (1997) A comparison of Irish and American perceptions of love, guilt and anger. Counseling and Values, 41, 267-278.
- MacLachlan, M., Page, R. C., Robinson, G. L., Nyirenda, T. & Ali, S. (1998). Perceptions of Chamba (Marijuana) use in Malawi. Substance Use and Abuse, 3, 267-278.
- Glaser, BA, Moret, L.B., Page, R.C., & Bargerdn, E. F. (1998). Intimacy and sexual satisfaction in couple relationships. The Family Journal: Counseling and Therapy for Couples and Families, 6, 33-39.
- Page, R.C. & Berkow, D.N. (1998). Group therapy as facilitation of spiritual development for drug and alcohol abusers. Journal of Specialists in Group Work, 23, 285-297.
- Page, R. C., Paixao, R. & Oliveira, R. (1998). Estudo Fatorial do Metodo de Diferencas Semanticas Numa Poplacao Portuguesa. Psychologia, 20,
- Page, R. C., Weiss, J. F., Stowers Wright, L., McAuliffe, E., Ugyan, J. & MacLachlan, M. (1998). Self-awareness of participants in a long-term Tibetan retreat. The Journal of Transpersonal Psychology. 29, 85-98.
- MacLachlan, M., McAuliffe, E., Page, R.C., Altschul, D.B., & Tabony, R. (1999). The effect of four years of participation in a Tibetan Buddhist retreat on perceptions of physiological and psychological well being. Counseling and Values, 31, 23-26.
- Page, R.C., McAuliffe, E., Weiss, J., Ugyan, J., Wright, L.S. & MacLachlan, M. (1999). The impact of external phenomena on participants in a long-term Buddhist retreat. The Journal of Transpersonal Psychology, 31, 23-26.
- O'Leary, E., Page, R.C., & Kaczmarek, C. (2000). A comparison of perceptions of self among university students in Ireland and the U.S.: Implications for counseling. The International Journal for the Advancement of Counseling, 22, 189-196.
- O'Leary, E., Page, R.C., & Kaczmarek, C. (2001). A comparison of preceptions of counseling in Ireland and the United States. Counseling Psychology Quarterly.
- Paixao, R., Oliveira, R.A., Page, R.C., Uwah, C.J. & Carlton, J. (2001). A comparison of the perceptions of love, anger and guilt in Portugal and the United States and implications for counseling. The International Journal of Intercultural Relations, 25, 659-670.
- Oliveira, R.A., Paixão, R., Page, R.C., Carlton, J. L., & Uwah, C. (2003) Percepções de estudantes sobre psicoterapia, psicoterapeutas e psicoterapia de grupo em dois países: Portugal e Estados Unidos da América. Interacções, 5, 52-66.
- Oliveira, R.A., Milliner, E.K., & Page, R.C. (2004). Psychotherapy with physically disabled patients. American Journal of Psychotherapy, 58, 1-12.
- Paixao, R., Oliveira, R. A., Page, R. C., Dulin, J. & Carlton, J. (2005). The perception of self among university students in two cultures: Portugal and the United States. Psicologia e Educacao, 4, 1, 5-13.
- Page, R. C. & Berkow, D. N. (2012) Toward a theory of integrative group therapy. Journal of Integrative Research, Counselling and Psychotherapy, 1, 16-23.

### **Bulletins or reports:**

- O'Leary, E. & Page, R. C. (1990). The awareness of mania as reported by bipolar persons. (Ed. Mary Jo. Mcgee-Brown). Process, Applications and Ethics in Qualitative Research, Athens, Georgia: College of Education, University of Georgia.
- Page, R. C. (1991). The Hill Interaction Matrix as a Qualitative Research Instrument. (Ed. Mary Jo. Mcgee-Brown). Process, Applications and Ethics in Qualitative Research, Athens, Georgia: College of Education, University of Georgia.
- Page, R. C. (1996). From the Board on the MAC. Counseling Today, June, 8.

### **Abstracts:**



Page, R. C. (1988). Marathon group therapy with illicit drug users. The Irish Psychologist, 15, 28.

Page, R. C. (1996). Effectiveness of group therapy with illicit drug abusers as a health psychology intervention. Making a Difference: Health Psychology and Chronic Disease. Proceedings of the 10th European Health Psychology Conference: Dublin, Ireland. 163.

Page, R. C. (1996). Effectiveness of group therapy with drug abusers. International Journal of Psychology. In Dore, F. (Ed.), Abstracts of the 26th International Congress of Psychology: Montreal, Canada. 464.

Page, R. C. (1997). Consulting in a residential treatment centre: Working with existent groups. The Irish Psychologist, November, p. 35. An abstract.

### **Other publications:**

Robinson, G. & Page, R. C. (1995). Master Addiction Counselor Certification. ERIC/CASS Digest, Credentialed Professional Counselors in the 21st Century.

### **Creative contributions other than formal publications:**

Interviewed by a consultant to the APA Monitor on the content of an article I had written on the topic of Buddhism and psychotherapy, 1996.

Interviewed by Karen O'Brien of Public Affairs Television for a Bill Moyers television special on the treatment of drug abusers, 1997.

Interviewed by a consultant to the APA Monitor on the content an article on the topic of the use of meditation in health settings, 2002.

### **Grants received:**

Wrote and was awarded a Rehabilitation Services administration grant for \$31,500 to conduct a four-day workshop on Family Involvement in the Rehabilitation of the Severely Disabled for rehabilitation counselors in Atlanta, Georgia, 1978. Co-principal investigators Richard C. Page and Robert Settles.

Coordinated six Air Force Institutes between 1976-1979, conducted at the University of Georgia for Air Force Security Police receiving training in the rehabilitation of public offenders. The United States Air Force awarded grants to the University of Georgia and the Rehabilitation Counselor Training Program for \$39,000 a year to hold these institutes. Project director Richard C. Page.

Wrote and received two grants from the Council for International Exchange of Scholars for two Fulbright Scholarships at the Department of Applied Psychology, University College Cork, Cork, Ireland, 1988 and 1994. Grants paid for living expenses for both trips. These were research and training Fulbrights. Principal investigator Richard C. Page.

Wrote two College of Education summer outreach grants to conduct GSAMS televised learning sessions between Community and Rehabilitation Counseling masters students at the University of Georgia and people with disabilities at the Walton Options for Independent Living Center in Augusta, Georgia. Obtained \$5000 each summer to conduct these televised learning sessions. 1996 and 1997.

### **Recognitions and outstanding achievements:**

#### **Scholastic Honors and Awards**

Awarded a National Science Foundation award from Taiwan to make a presentation on the topic of drug abuse at the Chinese Guidance Association's national conference, 1993.

Awarded two teaching and research Fulbright Scholarships to study and do research in the

Department of Applied Psychology, University College Cork, Cork, Ireland, 1988-1989 and 1994-1995.

Selected as candidate on the Fulbright Senior Specialists Roster, 2002-2007.

Selected to serve on a joint World Health Organization and National Board of Certified Counselors Committee to develop a Mental Health Facilitator position for the WHO, 2006-present.

### **Special Research Honors**

Listed as one of the most prolific researchers in Counseling Psychology in the United States by Division 17, Division of Counseling Psychology. (Horan, J. J., Hanish, C., Keen, B., Saberi, D., & Hird, J. S. (1993). When examining the cerebral functioning of Division 17, which organ should we dissect. The Counseling Psychologist, 21, 307-315.

Identified as being in top 5% of producers of research in professional journals in Division 22 (the Division of Rehabilitation Psychology) of APA by the Department of Rehabilitation Psychology and Special Education, University of Wisconsin, 1994.

Listed as publishing more articles between 1979-1998 in the Journal of Addictions and Offender Counseling than anyone else (Charkow, W. & Juhnke, G. A. (2001). Journal of Addictions and Offender Counseling, 22, 12-20.

### **Editorial service:**

#### **Editorships:**

Associate Editor, Journal of Employment Counseling, POCA Section, 7/78 - 7/79.

Editor, Internationally Speaking, 1982 - 1984. This newsletter served as the newsletter of the International Relations Committee of the American Association for Counseling and Development. This publication was printed two times a year and sent to about 1600 people in at least 60 different countries. It included articles as well as other information.

Editor, Journal of Offender Counseling, 1984 - 1990. This journal was one of the journals of the American Association for Counseling and Development.

Editor, Journal of Addictions and Offender Counseling, 1990-1991. This journal is one of the journals of the American Counseling Association.

#### **Editorial board member:**

Editorial board member, Journal of Addictions and Offender Counseling, 1991-1997.

Editorial board member, Person Centered Journal, 1994-1997.

Editorial board member, Journal of Integrative Research, Counselling and Psychotherapy, 2011-present.

### **Convention papers and presentations:**

#### **Papers presented at international conferences:**

1981 "Marathon group therapy with illicit drug users", International Congress on Drugs and Alcohol, Jerusalem, Israel.

1982 "The cross cultural implications of unstructured group therapy", International Round Table for the Advancement of Counseling Conference, Lausanne, Switzerland.

1983 "Vocational counseling with illicit drug abusers", Employment and Immigration Canada Conference, Ottawa, Canada.

1984 "The effects of five marathon groups on illicit drug users", Eleventh International Round Table for the Advancement of Counseling, Aarhus, Denmark.

1985 "Group therapy with illicit drug abusers", XX Interamerican Congress of Psychology, Caracas, Venezuela.

- 1988 "Unstructured Group Counseling with Drug Abusers", Annual Conference of Counseling Psychology Section of British Psychological Society, London, England.
- 1988 "Summary of process and outcomes research of marathon group counseling with illicit drug abusers", Psychological Society of Ireland, Tralee, Ireland.
- 1991 "Experiential group counseling with illicit drug users: Theory, practice and research", Second Annual Conference on Client Centered and Experiential Psychotherapy, Stirling, Scotland.
- 1992 "Drug prevention counseling: Training and evaluation", Counseling Evaluation Workshop for Family Planning Providers, Center for Communication Programs, John Hopkins University, Baltimore, Maryland, U.S.A.
- 1993 "Drug abuse and health", Keynote Speech at Chinese Guidance Association's Annual Conference, National Changhua University of Education, Changhua, Taiwan, Republic of China.
- 1994 "A new theory of unstructured group therapy", Annual Meeting of the Irish Association of Counselors and Therapists, Cork, Ireland.
- 1994 "Innovative research designs in psychology", Annual Convention of ERASMUS Psychology Association, Salamanca, Spain.
- 1996 "Effectiveness of group therapy with illicit drug abusers as a health psychology intervention", European Health Psychology Society Conference, Royal College of Surgeons in Ireland, Dublin, Ireland.
- 1996 "Effectiveness of group therapy with illicit drug abusers", XXVI International Congress of Psychology, Montreal, Canada.
- 1997 "Drug/Alcohol dependence and the college student", III National Conference on Drug Dependence in Portugal, Coimbra, Portugal.
- 1997 "The marital and sexual problems of paraplegics and quadriplegics", Annual Meeting of the Teaching Hospital of University of Coimbra, Coimbra, Portugal.
- 1997 "Consultation with existent groups: Consulting in a residential treatment center", Annual Meeting of the Psychological Society of Ireland, Ennis, Ireland.
- 1998 "Family therapy with illicit drug abusers", International Academy of Family Psychology Annual Meeting, Athens, Georgia, U.S.A.
- 1999 "The ways the self, feelings and counseling are perceived across 10 different cultures", Annual Conference of the International Association of Counselling, Bratislava, Slovakia.
- 1999 "Dynamics of unstructured group therapy", Sixth International Congress on Integrative and Eclectic Psychotherapy, Mazatlan, Mexico.
- 1999 "Group therapy with illicit drug abusers", Sixth International Congress on Integrative and Eclectic Psychotherapy, Mazatlan, Mexico.
- 2000 "A comparison between the ways personal growth is perceived in the East and West", Seventh International Congress on Integrative and Eclectic Psychotherapy, Manzanillo, Mexico.
- 2000 "A Comparison between the ways the self, feelings and counseling is perceived in ten different countries", Seventh International Congress on Integrative and Eclectic Psychotherapy, Manzanillo, Mexico.
- 2001 "Cross cultural research on perceptions of counseling, feelings and the self in fourteen different countries. Miguel Torga Institute International Conference. University of Coimbra, Coimbra, Portugal.
- 2001 "A Comparison between the ways the self is perceived in Buddhism and psychoanalysis and implications for counseling", Eighteenth International Congress on Integrative and Eclectic Psychotherapy, Puerto Vallarta, Mexico.
- 2001 "A Comparison of the approaches of Existential and Cognitive psychotherapies from client interviews", Eighteenth International Congress on Integrative and Eclectic Psychotherapy, Puerto Vallarta, Mexico.
- 2002 "The theory and practice of unstructured group therapy with illicit drug abusers", Ninth World Congress on Integrative and Eclectic Psychotherapy, Acapulco, Mexico.
- 2002 "A comparison of the theory and practice of psychoanalytic group therapy and unstructured humanistic, existential group therapy", Ninth World Congress on Integrative and Eclectic Psychotherapy, Acapulco, Mexico.
- 2003 "A comparison of the theory of psychoanalytic group therapy and unstructured, existential group therapy", Tenth World Congress on Integrative and Eclectic Psychotherapy,

- Morelia, Mexico.
- 2003 "A comparison of the practice of psychoanalytic group therapy and unstructured, existential group therapy", Tenth World Congress on Integrative and Eclectic Psychotherapy, Morelia, Mexico.
- 2004 "The way the self is seen in Eastern and Western Psychology", Eleventh International Congress on Integrative and Eclectic Psychotherapy, Merida, Mexico.
- 2004 "Changes in perceptions of self among the participants in a four year long Tibetan Retreat Center", Eleventh International Congress on Integrative and Eclectic Psychotherapy, Merida, Mexico.
- 2004 "Therapy with disabled clients in a rehabilitation center setting" (keynote address). Eleventh International Congress on Integrative and Eclectic Psychotherapy, Merida, Mexico.
- 2005 "Doing therapy with violent clients" (keynote address). First International Congress on Counselling and Psychotherapy, ISMAI University, Porto, Portugal.
- 2007 "Existential Psychotherapy" (keynote address). Fourteenth International Congress on Integrative and Eclectic Psychotherapy, Morelia, Mexico.
- 2007 "Rehabilitation and Group Psychotherapy", Physical Medicine Clinic and Rehabilitation of Portugal, Gouveia, Portugal.
- 2009 "Existential Group Therapy", Current Psychotherapies, Universidad Vasco De Quiroga, Morelia, Mexico

### **Papers presented at national conferences:**

- 1978 "Establishing a rehabilitation center in a prison", National Convention of American Association for Counseling and Development, Washington, DC.
- 1979 "Ethical issues in public offender counseling", AACD National Convention, Las Vegas, Nevada.
- 1980 "A person centered approach with prisoners: Marathon group therapy with drug abusers", AACD National Convention, Atlanta, Georgia.
- 1983 "The cross cultural implications of unstructured group therapy", AACD National Convention, Washington, DC.
- 1985 "Counseling international students for reentry", AACD National Convention, New York, New York.
- 1987 "Interpersonal relationship styles of Asian and American cultural groups: A qualitative study", AACD National Convention, New Orleans, LA.
- 1988 "Cross cultural perspectives on counseling", AACD National Convention, Chicago, Illinois.
- 1989 "Self-actualization East and West", Third Person-Centered Annual Conference, Warm Springs, Georgia.
- 1989 "International student perspectives in Counselor Education", AACD National Convention, Boston, Mass.
- 1989 "Self Actualization: Eastern and Western views", Annual Meeting of the Association for the Development of the Person-Centered Approach, Lake Lanier, Georgia.
- 1990 "The awareness of mania as reported by bipolar persons", Qualitative Research in Education National Conference, University of Georgia, Athens, Georgia.
- 1990 "The treatment of drug abusers in group settings," Association for Specialists in Group Work National Conference, St. Petersburg, Florida.
- 1991 "Cross cultural concepts of spiritual wellness", AACD National Convention, Reno, Nevada.
- 1991 "Residential treatment centers with illicit drug abusers: Theory and research", AACD National Convention, Reno, Nevada.
- 1991 "Group treatment of illicit drug abusers: Theory and research", AACD National Convention, Reno, Nevada.
- 1992 "A comparison of Chinese and American concepts of self: Theory and research", AACD National Convention, Baltimore, Maryland.
- 1992 "Creating a sane society", AACD National Convention, Baltimore, Maryland.
- 1992 "The counselor's role in different Asian countries", AACD National Convention, Baltimore, Maryland.

- 1994 "A new theory of group therapy", Eighth Person-Centered Annual Conference, Warm Springs, Georgia.
- 1994 "Addictions counseling certification: Pros and cons", ACA National Convention, Minneapolis, Minnesota.
- 1994 "Methods for training Irish psychology students to conduct therapy groups", APA National Convention, Los Angeles, California.
- 1995 "Group therapy as a way of facilitating the spiritual development of illicit drug abusers", APA National Convention, New York, New York.
- 1995 "An ontological approach to group therapy as a way of strengthening the self", APA National Convention, New York, New York.
- 1997 "The whereabouts of God in recovery", ACA National Convention, Orlando, Florida.
- 1998 "The enhancement of spirituality in group counseling", ACA National Convention, Indianapolis, Indiana.
- 1998 "Concepts of personal growth in Eastern and Western Cultures, ACA National Convention, Indianapolis, Indiana.
- 1998 "Implications of the new physics for psychology", Twelfth Person-Centered Annual Conference, Warm Springs, Georgia.
- 1999 "Group counseling with disabled persons across cultures", ACA National Convention, San Diego, California (a poster presentation).
- 1999 "Psychological and spiritual implications of negative emotions in counseling", ACA National Convention, San Diego, California (a poster presentation).
- 1999 "Views of the self across cultures", Thirteenth Person-Centered Annual Conference, Warm Springs, Georgia.
- 2000 "Perceptions of the self, feelings and counseling in Portugal and the U.S", ACA National Convention, Washington, D.C. (a poster presentation).
- 2001 "The human-animal bond: Implications for substance abuse treatment", ACA National Convention, San Antonio, Texas.
- 2001 "Love, power, and justice: Linking spirituality, multiculturalism, and social justice together", ACA National Convention, San Antonio, Texas.

### **Presentations and Workshops at Professional Meetings:**

Chaired a meeting designed to facilitate communication among professionals conducting international research in counseling at the American Association for Counseling and Development National Conventions in 1981, 1982, 1983, 1984.

Set up two content presentations of the International Relations Committee at the American Association for Counseling and Development national conventions in Washington, DC and Houston, Texas. Set up presentations on "Cross cultural counseling" and on "Counseling in Venezuela", 1983, 1984.

Served as the Chair for a presentation on "Breaking the deadlock in Kashmir and Punjab: Steps towards peace" that was presented at the APA National Convention, Los Angeles, California, 1994.

### **5. PUBLIC SERVICE:**

#### **Positions in National Professional Associations/ Certification Organizations:**

President, Public Offenders Counseling Association (POCA), 7/79 - 7/80.

Member, Board of Directors, American Association for Counseling and Development (AACD), 7/79 - 7/82.

Member, International Relations Committee, American Association for Counseling and Development, 7/80 - 7/82.

Member, Senate, American Association for Counseling and Development, 7/82 - 7/84.

Chair, International Relations Committee, American Association for Counseling and Development

(appointed by two AACD presidents and elected by two AACD Board of Directors), 7/82 - 7/83 and 7/83 - 7/84.

Chair, International Relations Committee, Division 22, American Psychological Association, 1/84 -7/88.

Member, Governing Council, American Counseling Association, 1990-1994.

Chair, Certification Committee, International Association of Addictions and Offender Counseling, 1993-present.

Member, Nominations and Elections Committee, American Counseling Association, 1993-1994.

Member, Resource Team on Managed Healthcare, American Counseling Association, 1997-1999.

Chair-elect, National Board of Certified Counselors, 1998-1999.

Chair, National Board of Certified Counselors, 1999-2000.

Member, WHO/NBCC Committee to develop a Mental Health Facilitator Position for the WHO, 2006-present.

### **International Service:**

Conducted workshops on "Counseling drug abusers" and "Unstructured group therapy" in Cork and Dublin Ireland, 1985. (Workshops were sponsored by the Irish Counseling Association and the Irish Psychological Association).

Conducted workshops on "Group counseling" and "The personal and social characteristics of drug abusers" in Caracas and Cumula, Venezuela, 1985.

Presented a workshop on "Drug treatment modalities for illicit drug abusers" to interested participants in Cork, Ireland, 1988.

Conducted a three day workshop on "Group counseling" for Irish psychology students at University College, Department of Psychology, Cork, Ireland, 1988.

Made a presentation on "Research on the effects of group therapy on illicit drug abusers" to psychology students at a Psychology Seminar at University College, Cork, Ireland, 1988.

Conducted a two day workshop on "Unstructured group therapy" for Taiwan counselors and Counselor Educators at National Changhua University of Education, Changhua, Taiwan, Republic of China, 1993.

Made a presentation on "Dynamics of drug and alcohol abuse" at a workshop sponsored by the Cork Counseling Center, Cork, Ireland, 1994.

Conducted a five day course/workshop on "Unstructured group therapy" for students in the Department of Psychology at the University of Jyvaskyla, Finland, 1995.

Conducted a one week class on "Counseling adolescents" for students in the Department of Psychology at the University of Jyvaskyla, Finland, 1996.

Conducted a one week class for students from six different counties associated with the ERASMUS Program on "Unstructured group therapy" at the Psychology Department at the University of Jyvaskyla, Finland, 1996.

Conducted a two day workshop for counselors and psychologists from Portugal on the "Dynamics of unstructured therapy groups", Coimbra, Portugal, 1997.

Conducted a one day workshop for the treatment staff of a drug treatment program associated with the University of Coimbra on "Group therapy with drug addicts", Coimbra, Portugal, 1997.

Conducted a four day workshop on "Community Counseling" at the Superior Institute of Miguel Torga, Coimbra, Portugal, 1998.

Presented a paper on "Group therapy with the disabled" to faculty and students in the Department of Psychology at Coimbra University, Coimbra, Portugal, 1998.

Presented a paper on "Semantic Differential cross cultural research" to faculty and students in the Department of Psychology at Coimbra University, Coimbra, Portugal, 1998.

Conducted a two day workshop in the Department of Applied Psychology, University College Cork, on "Unstructured group therapy", Cork, Ireland, 1999.

Made a presentation on "The ways the self, feelings and counseling are perceived across 10 different cultures" to faculty and students in the Department of Psychology at the University of Jyvaskyla, Jyvaskyla, Finland, 1999.

Served as an invited participant at the annual Global Alliance of Transnational Education Conference (GATE) in Melbourne, Australia, 1999.

Conducted a half day workshop on Counseling as a Profession at Tashkent University in

Tashkent, Uzbekistan, 2000.

Served as a consultant with the TACIS European Unity Program in four different medical schools in Uzbekistan with Dr. Peter Hawkins, Head of the ERASMUS Program in Europe in Clinical Psychology, 2000.

Served as one of four therapists who counseled a client. These sessions were videotaped and served as the basis for an eight hour workshop which was conducted to demonstrate different therapeutic approaches that were used with this client at a conference that was held in Manzanillo, Mexico, 2000.

Served as a faculty member of the SOCRATES Program in Clinical Psychology that was conducted at the University of Crete, Crete, Greece. Provided an overview of group therapy and conducted a session with a client along with five other faculty that was used as a way of demonstrating different therapeutic approaches for the students of this program, 2000.

Consulted on how counseling can be established as a profession in Portugal. Made three presentations on this topic to students, faculty and administrators at Ismai-Instituto Superior Da Maia, Porto, Portugal, 2002.

Conducted a two day workshop on Existential Group Therapy for members of the International Association of Integrative and Eclectic Psychotherapy, Mazatlan, Mexico, 2002.

Critiqued the research of students of the International Association of Integrative and Eclectic Psychotherapy at the annual conference, Morelia, Mexico, 2003.

Conducted two separate two day workshops on Research Design for members of the International Association of Integrative and Eclectic Psychotherapy, Mazatlan, Mexico, 2003.

Served as a consultant related to the curriculum of the counseling program in the Department of Counseling at the Ismai-Instituto Superior Da Maia, Porto, Portugal, 2003.

Served as a consultant related to the curriculum of the counseling program in the Department of Counseling at the Ismai-Instituto Superior Da Maia, Porto, Portugal, 2004.

Conducted a workshop on Counseling Supervision at the First International Congress on Counselling and Psychotherapy, 2005, ISMAI University, Porto, Portugal.

Served on a joint committee with the World Health Organization and the National Board of Certified Counselors to develop a job description for mental health practitioners, 2005-present.

Conducted a workshop on "Unstructured group therapy for persons who had experienced significant losses in their lives" with Eric Milliner, MD Mayo Clinic, Twelfth International Congress on Integrative and Eclectic Psychotherapy, 2005, Zacatecas, Mexico.

Conducted a workshop on "Unstructured group therapy for persons with personal or interpersonal problems" with Eric Milliner, MD Mayo Clinic, Thirteenth International Congress on Integrative and Eclectic Psychotherapy, 2006, Mazatlan, Mexico.

Invited participant of a conference sponsored by the World Health Organization and the National Board of Certified Counselors to develop a Mental Health Facilitator position for the WHO, 2006, Paris, France.

Invited participant of The Global Mental Health Congress: Focus on the Never Served sponsored by the National Board of Certified Counselors, the World Health Association and the Fulbright Commission whose purpose was to develop a Mental Health Facilitator position for the WHO, 2006, New Delhi, India.

Conducted a workshop on "Unstructured Group Therapy" with Eric Milliner, MD, Mayo Clinic, Fourteenth International Congress on Integrative and Eclectic Psychotherapy, 2007, Morelia, Mexico.

Conducted a workshop on "Unstructured Group Therapy, Psychoanalytic Psychotherapy Clinic, 2007, Lisbon, Portugal.

Conducted a workshop on "Unstructured Group Therapy" with Eric Milliner, MD, Mayo Clinic, Fifteenth International Congress on Integrative and Eclectic Psychotherapy, 2008, Puerto Vallarta, Mexico.

Conducted a workshop on "Unstructured Group Therapy" with Eric Milliner, MD, Mayo Clinic, Sixteenth International Congress on Integrative and Eclectic Psychotherapy, 2009, Manzanillo, Mexico.

Conducted group therapy workshops with Eric Milliner, MD, Mayo Clinic at ISMAI University, 2008, 2009 at ISMAI University, Porto, Portugal.

Conducted a workshop on group therapy for twenty hours for the Romanian Psychodrama Society and the European School of Integrative Psychotherapy, 2010. Timisoara, Romania.

Conducted a workshop on group therapy for twenty hours for the New Life Center, the Romanian Psychodrama Society and the European School of Integrative Psychotherapy, 2010. Bucharest, Romania.

Taught a class for two hours with Dr. Peter Hawkins on the topic of Trends in Integrative Psychotherapy, 2010, Department of Psychology, University of Cluj, Cluj, Romania.

Taught a class for thirty hours on the topic of Group Therapy, 2012, Department of Psychology, IBERO

University, Mexico City, Mexico.

### **National and Regional Service:**

Designed and coordinated a workshop, "Family involvement in the rehabilitation of the severely disabled" for rehabilitation counselors working in the southern United States. Workshop was funded by a Rehabilitation Services Administration grant and was conducted in Atlanta, Georgia for four days in 1978. Co-edited a monograph of the proceedings which was distributed to rehabilitation counselors and administrators all over the southeast.

Served as a member of the Management Control Project staff from 1983 - 1986. This project was funded by federal funds to assess casework and management procedures and problems in state vocational rehabilitation agencies around the country. It was my responsibility to develop a method to assess communication patterns that occurred in the agencies participating in this project, and to develop ways of improving communication patterns among agency personnel. Spent one week in Colorado and one week in Minnesota assessing the communication patterns existing in the Vocational Rehabilitation Agencies of those states.

Served as an invited member of a health care conference called the National Symposium on "Substance abuse treatment and training in criminal justice" that was held at the Omni Parker House in Boston, Mass., 1993.

Made a presentation on "Research designs in family planning" at a conference that included family planners from at least 30 different countries. This conference was held at John Hopkins University, Baltimore, Maryland, 1992.

Met with Presidents and/or Executive Directors of NAADAC and ICRC three times to discuss the possibilities of a joint addictions counselor certification procedure, 1994, 1999.

Served on a Presidential Task Force that was set up by the Executive Office of the President to establish addictions counseling competencies. Attended numerous meetings at the Old Executive Office Building and other settings, 1994-1996.

Served as the Chair of an NBCC testing committee that was established to develop a competency based addictions counseling exam, 1994-1996.

Served as a member on two test item writing workshops to write test items for the Master Addiction Counselor Exam, Greensboro, NC, 1996.

Invited participant at a National Organization for Competency Assurance Conference (NOCA) In Miami, Florida, 1998.

Invited participant at a NOCA Conference in San Diego, California, 1999.

Invited participant at a conference on "Evaluation of Quality and Competency Assurance in the Global Marketplace" sponsored by the Center for Quality Assurance and International Education in Santa Fe, New Mexico, 1999.

Taught three week-long courses on Counseling the Drug and Alcohol Abuser at the University of Southern Maine in Gorham, Maine, 1999, 2000 and 2001.

Invited participant at an American Association of State Counseling Boards (AASCB) National Conference in Charleston, South Carolina, 1999.

Invited participant at an AASCB National Conference in Denver, Colorado, 2000.

### **State Service:**

Served as consultant to rehabilitation counselors facilitating groups at the Georgia Industrial Institute. Met with these counselors once a week to review the dynamics of counseling groups which were being conducted with inmates in the vocational rehabilitation section of this prison, 1976-1977.

Led sessions on "Group counseling" and "Gestalt therapy" at University of Georgia Advanced Counseling Workshops for rehabilitation counselors and administrators, 1978-1979.

Conducted a one-day staff relations workshop for prison counselors and administrators at the Georgia Earned Release Center, Hardwick, Georgia, 1977.

Presented an overview of "Group counseling in correctional settings" to counselors and educators



attending the Statewide Counseling and Education Conference in Athens, Georgia sponsored by the Georgia Department of Offender Rehabilitation, 1977.

Led a session on "Alcohol and drug abuse" for Georgia Division of Offender Rehabilitation counselors at the DOR Staff Development Center in Athens, Georgia, 1977.

Presented an explanation and evaluation of "Drug and alcohol treatment modalities" to community Division of Offender Rehabilitation personnel attending the Third Annual DOR Training Conference in Marietta, Georgia, 1977.

Made a presentation on "Assertiveness training with the disabled" for counselors attending a Division of Vocational Rehabilitation training conference at Unicoi, Georgia, 1980.

Served on advisory committee established by the Georgia Institute of Deafness to set up a conference in Georgia on deafness, 1981.

Presented a paper on "Marathon groups for drug abusers" at the Research in Georgia Conference, 1983. This conference was co-sponsored by Georgia universities and the Georgia Division of Mental Health and Retardation.

Conducted a two-day workshop on "Innovations in drug counseling" for the Georgia Center for Continuing Education in Atlanta, Georgia, 1984.

Conducted a workshop on "The role of the elementary school counselor" at Oglethorpe Elementary School, 1985.

Presented a paper on "Adolescent drug abuse" at the Summer Institute of Georgia school counselors at Unicoi, Georgia, 1988.

Conducted a workshop for teachers and counselors in Houston County, Georgia on "Adolescent drug abuse", 1988.

Conducted a workshop on "Ethics in counseling and psychotherapy", Days Inn, Athens, Georgia, 1992.

Conducted two week long workshops on "Drug free schools personnel training". Three faculty members from different departments at the University of Georgia conducted these workshops. Sixty Clarke County school personnel attended one of these workshops. Georgia Center for Continuing Education, 1992.

Conducted a two day workshop on "Drug free schools personnel training: Facilitating student support groups" at the Georgia Center for Continuing Education, 1992.

Conducted a two day workshop for school personnel in Georgia on "Core team training", 1993.

Led a day long American Counseling Association workshop on "Ethics and the counseling profession" in Atlanta, Georgia, 1996.

Led a day long American Counseling Association workshop on "Mental health, private practice and the law" in Atlanta, Georgia, 1997.

### **Community Service:**

Presented a workshop on "The role of the elementary school counselor" at Oglethorpe Elementary School, 1985.

Made a presentation on "Adolescent drug abuse" at Cedar Shoals High School in Athens, Georgia, 1986.

Conducted weekly group counseling sessions for delinquent students at Cedar Shoals High School in Athens, Georgia, 1987 - 1988.

Set up a workshop on "Gestalt therapy" that was held at Heartwood in Athens, Georgia, 1987.

Made six different presentations at six different middle and high schools in the Clarke County School District on the topic of drug abuse, 1987.

Conducted weekly staff development/communication groups at the Palto Day Care Center, 1988.

Served as consultant to school counselors performing a follow up group for students returning to school from Charter Winds Hospital, 1989-1995.

Conducted a counseling group at a homeless shelter in Athens, Georgia, 1993.

Supervised a counselor at the Attention Center (a temporary home for troubled adolescents) on a weekly basis to help this counselor work effectively with clients in counseling relationships, Athens, Georgia, 1997-1999.

### **Professional Awards:**

Two Distinguished Service Awards, International Association of Addictions and Offender Counseling, 1991, 1994.

Three Certificates of Appreciation from the American Counseling Association for serving on the Governing Council, 1992, 1993, 1994.

Five Certificates of Appreciation from the International Association of Addictions and Offender Counseling for establishing the Master Addiction Counselor Certification, 1991, 1992, 1993, 1994, 1995.

The Miguel Torga Distinguished Service Award from the Superior Institute of Miguel Torga, Coimbra, Portugal, 1998.

Faculty Member of the ERASMUS Program in Psychology in Europe, 1999-2011.

## **Special Boards**

Member of the Board of Directors of the National Board of Certified Counselors, 1994-1999.

Chair of the Addictions Academy, NBCC, 1994-1996.

Chair-Elect, National Board of Certified Counselors, 1998-1999.

Chair, National Board of Certified Counselors, 1999-2000.

Faculty Member, European School of Integrative Psychotherapy, 2006-present.

## **6. UNIVERSITY SERVICE:**

### **College and University:**

Served on a University of Georgia Evaluation Committee for Section 504 of the Rehabilitation Act of 1973, 1977-1978.

Served as a member of the University of Georgia Alcohol Awareness Committee, 1981-1982.

Worked half time as a Counselor at the Counseling and Testing Center, University of Georgia, 1981-1982.

Served as a member of a Qualitative Research interest group in the College of Education. Was selected as faculty member to work with Ph.D. students performing qualitative research, 1986 -1998.

Consulted with the University of Georgia Health Services Center to offer advice on how to set up an alcohol and drug awareness and treatment program, 1986.

Served as a member of the Honor Society for International Scholars that was set up by the Foreign Student Affairs Office, 1986-2001.

Served as an University of Georgia Humanities Center Associate, 1989-1996.

Served as a faculty member of the Marriage and Family Certificate Program, 1990-2001.

Served as a faculty member of the College committee on Multicultural Education, 1992-1994.

Served as a member of a Drug Free Schools Task Force, 1992.

Served on a College of Education Committee on Multicultural Education. 1992-1995.

Served on a Planning Committee for Drug Free School Workshops, 1991-1992.

Served as a member of the selection committee for the position of Educational Programs Specialist-Study Abroad for International Student Services, 1994.

Served as the Chair of the Selection Committee for National Security Education Program for International Student Services, 1994.

Presented a paper on "Cultural world views and communication" at the College of Education Multicultural Education Conference, 1994.

Conducted a year long support group once a week for College of Education faculty and students in the area of cultural diversity, 1994.

Appointed as a School of Professional Studies representative to the College of Education Multicultural Education Initiative, 1994.

Served as a member of a Planning Committee for a Multicultural Education Conference sponsored by the College of Education, 1994.

Invited participant at the Fourth Annual University of Georgia Symposium on Toward a Student Centered Research University, Unicoi, Georgia, 1994.

Served as a University representative to the Regents' Global Center to develop study abroad programs, 1995.

Served as a School of Professional Studies representative to establish a cooperative relationship between Department of Psychology of the University of Jyväskylä, Finland and the School of Professional Studies at the University of Georgia, 1995-1999.

Chaired a School of Professional Studies Committee to select nominee for the School Staff Excellence Award, 1996.

Served as a member of a Qualitative Research Interest Group committee to select programs for the Annual Qualitative Research Conference, 1996.

Served as a faculty advisor for the visit of Dr. Hsien Tsu-Lin from Taipei University, Taiwan to the School of Professional Studies and the Torrence Center, 1996.

Invited participant at a symposium on Preparing the Fulbright Exchange Program for the 21st Century, Carter Center, Atlanta, Georgia, 1996.

Served as a representative of the Fulbright Alumni Association at the University of Georgia, 1997-1999.

Served as a member of the Dean of the College of Education's Tenure Review Committee, 1997-1999.

Attended a fund raising event sponsored by the Fulbright Alumni Association of Northeastern Georgia at the Michael Carlos Museum at Emory University, Atlanta, Georgia, 1997.

Served as a member of the Board of Advisors, Northeast Georgia Fulbright Association, 1997-1999.

Attended a fund raising event sponsored by the Fulbright Alumni Association of Northeastern Georgia at Clark Atlantic University. This was done to help represent the University of Georgia with this alumni association, 1997.

Represented the University of Georgia and Phi Beta Delta (the Honor Society for International Scholars) at the Phi Beta Delta National Convention, Pueblo, Mexico, 1998.

Invited speaker on the Fulbright Association at the International Fellows meeting at the University of Georgia, 1998.

Chaired a University committee to set up a Winter Function of the North Georgia Fulbright Alumni Association at the University of Georgia, 1998-1999.

Invited speaker on the Fulbright Association at a meeting for University of Georgia faculty interested in applying for Fulbrights, 2000.

Invited participant on a Seminar on Economic Development in Central Asia conducted in the Business School at the University of Georgia, 2000.

### **Department of Counseling and Human Development Services:**

Served as a faculty member of the Counseling Psychology doctoral program, 1980-2001.

Served as a member of the Management Control Project in the Rehabilitation Counselor Training Program. Assessed how rehabilitation agency personnel in Colorado and Minnesota perceived their jobs by conducting individual interviews. Wrote reports for state agencies on the perceptions of agency personnel, 1984-1986.

Served as the Coordinator of the Community Counseling Program, 1986-1993.

Served as a faculty member of the Marriage and Family Counseling Certificate Program, 1990-present.

Served as the faculty sponsor of Chi Sigma Iota, a counseling society, 1992-1999.

Served as the NBCC department liaison, 1992-1999.

Served as CACREP department liaison and prepared a seven year site visit document for 1993 CACREP accreditation visit, 1993-1999.

Served as chair of a department student grievance which met five times to consider student grievances, 1993.

Conducted a staff group within the department with support personnel to discuss aides and the workplace, 1995.

Visited the Department of Psychology, University of Jyväskylä, Finland to explore the possibility of an exchange program between this department and the counseling department at the University of Georgia, 1996.

Sponsored a visiting scholar from Ireland to the department. Set up a workshop to make this visit

possible. Also promoted the discussion between this individual and the School head to explore the idea of an exchange program between University College Cork and the University of Georgia, 1996.

Conducted an outreach project at the University of Georgia to connect people with disabilities and Rehabilitation Counseling students through interactive TV sessions, 1996.

Served as faculty advisor for two Tibetan students at the University of Georgia who was sponsored by the Fulbright Commission, 1996-1997.

Served as advisor to a visiting scholar from Egypt, 1997.

Hosted a visiting student from Portugal within the department. Attempted to set up a cooperative relationship between a university in Portugal and the Department of Counseling and Human Development Services, 1997-present.

Coordinated efforts to establish a cooperative relationship with a private university in Portugal. Collaborated with faculty connected with this university to set up a masters degree program in counseling for Portuguese students, 1997-1999.

Helped to host a departmental visitor from Saint Petersburg, Russia to the department. Some faculty members are exploring the possibility of writing a grant with this person for consultation between the department and Russia in the area of juvenile delinquency, 1997.

Coordinated efforts to develop a faculty student exchange program between the Department of Applied Psychology, University College Cork, Cork, Ireland and the Department of Counseling and Human Development Services. Visited Ireland with the department head to meet with the department head of UCC to see if this faculty student exchange program could be established, 1997.

Hosted the Department Head of the Department of Psychology, University of Jyväskylä, Finland who visited the department during the fall quarter to explore the possibility of having an student and faculty exchange program between his and our departments. Visited Finland in 1999 to continue working on establishing this exchange program. This exchange program was set up in 1999.

Co-hosted a visiting scholar from Canada (Dr. Garnet Millar) within the School of Professional Studies at the University of Georgia, 1999.

Served as a member of the Dean's Professional Development Committee within the College of Education, 1999-2000.

## **7. International Human Relations Consultation Corporation (Founding member, 2001-present):**

### National and international consultations:

- Substance abuse treatment programs in different settings.
- Programs for training substance abuse counselors.
- Conducting or learning about group therapy with different populations.
- Setting up effective educational or organizational counseling or treatment programs.
- Effective cross cultural communication in organizational, treatment or other settings.
- Setting up counseling programs for disabled (physical and emotional) persons.

### National or international training or classes:

- Conducting therapy groups.
- Individual counseling skills.
- Drug abuse counseling skills.
- Cross cultural communication.
- Communication skills in organizational settings.

### National or international supervision for individuals or in organizations:

- Individual counseling.
- Group counseling or therapy.
- Drug abuse counseling or treatment.
- Counseling disabled persons.

